

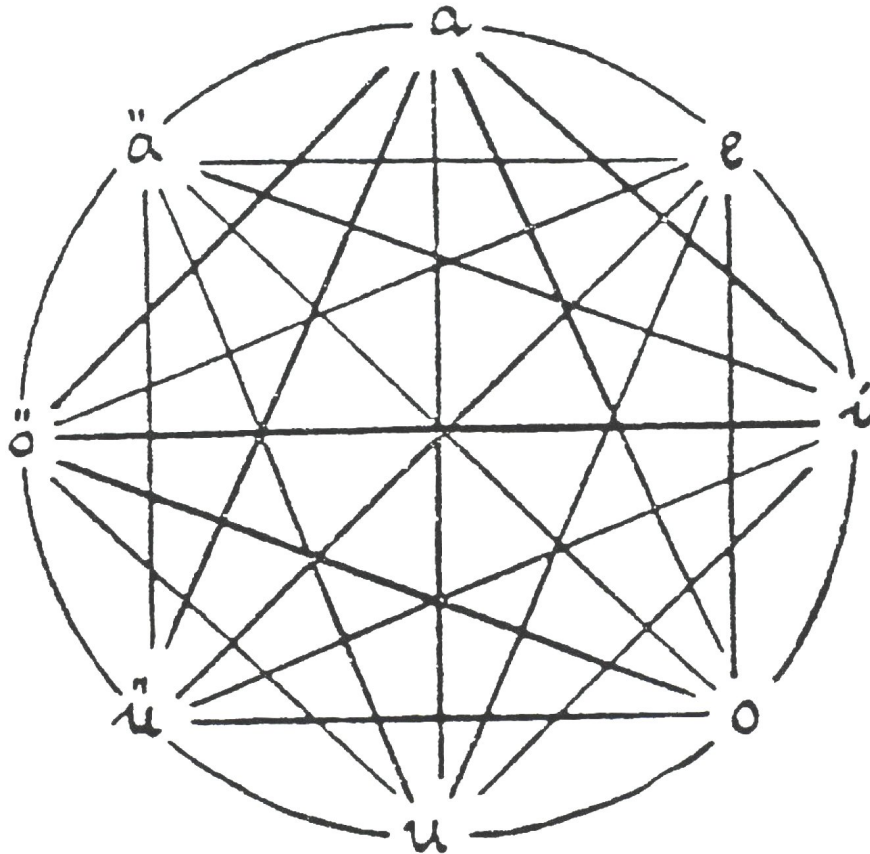
# Monastery of Music

## SOUNDING 2025



MONASTERY OF MUSIC is located in Italy in a breathtaking surrounding

Monastery of Music is a platform, a place, a source where artists and all those interested in the performing arts can offer or can take part in seminars. It is a place to meet and refuel, where choirs, bands, ensembles, chamber orchestras or other groups of artists or people can rehearse and/or record, reflect and recreate surrounded by the inspiring nothingness of pure nature. Apply for your own art-retreat-week at this animating spot!



The Star of Vowels - Copyright by Michael Vetter/Natascha Nikeprelevic 1983

## Summer Classes by Natascha Nikeprelevic

### Dates in July - August:

Seminar I	21.7. - 25.7.25
Seminar II	25.7. - 29.7.25
Seminar III	29.7. - 02.8.25
Seminar IV	02.8. - 06.8.25
Seminar V	06.8. - 10.8.25
Seminar VI	10.8. - 14.8.25

\*\*\* Individual appointments are possible - please ask for available dates.\*\*\*

## **Seminar:**

### **Voice & Instrument - Improvisation - Crystal-Clear Overtones**

This seminar is aimed at both vocalists and instrumentalists who want to explore their voice in the context of an instrument. Natascha Nikeprelevic lures out the individual intuitive potential of each participant and develops ways for its poetic realization. In addition we train our vocal possibilities including melody, breath, noise and overtone singing to get a multidimensional music expression.

Also we will get into different approaches to accompany our voice with instruments (you can bring your own if you like).

We mainly focus on gaining theatrical volume and power of expression in the technique of overtone singing. Natascha Nikeprelevic will introduce four main techniques on overtone singing (gong - phonetic – bird – sub-octave). In the seminar we will immerse into the transition from the spoken word to the sung sound and finally to their common structure: the overtone sound. We redefine words and free them from their semantic compulsion. We successively transform speech to sound, and when poetically shaped this will result in music.

## **Application**

The seminars are open to everybody who wants to discover their voice in communication with the body in a new way. People with current and/or previous experience on voice, experimental singing, overtone singing and improvisation on an advanced level, professional musicians, singers, instrumentalists, actors, composers and also laymen are warmly invited.



The heart of the property is the performance & meditation space.

## Location

Seminars, single lessons and voice retreats will take place at “Monastery of Music”, a property located in Tuscany on a mountain’s westside, surrounded by olive groves and fruit-trees. The terrain is located in a prominent position at an altitude of 600 m in dreamlike seclusion. Surrounded by tranquility and nature you are invited to enjoy the strong and magic atmosphere of that place. The place is in the middle of nature and so we have the unique chance to hear or even see animals that you cannot experience in an urban structure. All evening you have the possibility to overlook the magnificent landscape from the panorama terrace and enjoy the sunset. The heart of the property is a 200 sqm performance & meditation space where all teaching units will take place. A round open-air stage and a "Taverna" are completing the ensemble.





All our guest rooms are with separate entrance and some with access to the west terrace. Double rooms are with bathroom and equipped with nice furniture and art-works.



## **Consciousness & Sustainability**

Monastic life is characterized by simple living and inward concentration. At MoM we invite you to concentrate on the essentials. Accordingly, the Monastery of Music is designed for simple living. The property has no public water and no heating, since its open for public only in the hot summer season. The place opens up a long-forgotten awareness of the value of natural resources: water comes from our own well, and we together take care of the basic supply, which sometimes also depend on the vagaries of nature. As usual in a monastic coexistence, we share the daily tasks in the house and garden. We intentionally abstain from distracting things like WiFi. However, we won't restrain you from using your mobile for surfing the internet. For European guests this is mostly roaming free nowadays. Time and space are the luxuries of the 21st century, and there is plenty of it at this exceptional place.

## **Living & Ambience**

There is a variety of rooms available both in the main property and in the adjacent house. From almost every window or door you can look out on the wide panorama of the scenery. Some rooms have access to a splendid westside terrace. Each room of the property is individually designed and provides the perfect base to feel connected with the surrounding nature. All rooms in the main buildings have direct access to a bathroom (with cold water only).

## **Number of participants**

A small group allows for individual work.

## **Language**

Teaching language will be English (German and/or Italian if necessary).

## Participation Fee

The participation fee for the Seminar is **EUR 470.**

The fee includes:

- All teaching units & a concert by Natascha Nikeprelevic (in total 19 hours)

## Accommodation & Full Board

You can book one of the charming simple-living rooms at Monastery of Music or book a hotel in the near neighborhood (this you have to organize yourself).

The fee for accommodation & full board at Monastery of Music is **EUR 225.**

This includes

- 4 nights stay in a double room with shared bathroom
- all meals (vegetarian) and tea (black/green and herbs).

For an **extra fee additional** service can be booked (prices at pdf “application-form“):

- single room (partly with shared bathroom with 1 or 2 other person)
- shuttle to the closest public transportation on arrival and departure day
- linen and towels
- private lessons with Natascha Nikeprelevic (ask for prices)
- wine, coffee, sparkling water

## Arrival / Departure

Participants should arrive on the first day no later than 4 pm. Registration takes place between 2 and 4 pm. All participants are expected to be present from the first day and throughout the period. The Seminar will conclude on the departure day at 9 am and participants will leave after breakfast.

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## Timetable

Example of the daily schedule (variations possible):

08:40 - 09:00	Sound-Meditation Okyo Choir
09:15 - 10:00	Breakfast and practical maintenance duties
10:30 - 12:30	Teaching Unit
13:00 - 14:00	Lunch and practical maintenance duties
15:30 - 17:30	Teaching Unit
18:15 - 19:15	Dinner and practical maintenance duties
20:00 - 21:00	Sunset Meditation (optional)
21:00 - 22:00	Gathering under a starry sky / Cosmic Dance Party with Electronic Beats (Live Music)

## Food

The meals are vegetarian and the ingredients are mostly local seasonal. Part of the fruits come from our own trees. We usually eat outside on one of our spacious dining terraces with a view of the countryside and on the medieval village scenery.

## Travel

The Monastery of Music is located in the region of south Tuscany in a lovely area with lots of beautiful spots to visit. You can fly to Rome or to Pisa and then rent a car. You can also come by train and bus from the airport. The extra time is worth it, because it is a nice sightseeing trip. You can ask to be picked up at the nearest bus stop for an extra fee.

## Welcome !

> Please fill out the questionnaire “Application-Form“ completely (pdf attached).